

## SPECIFIC RULES FOR SKI MOUNTAINEERING IN SKI AREAS

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1. Mountain skiing can only be practiced on the marked itinerary runs and on the slopes authorized by the ski resort.
2. A closed slope should never be used. It is essential to respect the corresponding signs on the slopes.
3. It is forbidden to take dogs.
4. It is forbidden for pedestrians and snowshoers to walk on the slopes and the mountaineering itinerary runs. There are specific circuits prepared for this practice.
5. It is prohibited from skiing down the ascending circuits marked off-piste.

The practice of ski mountaineering should be done with respect and compliance to the safety regulations, the recommendations and the schedules in accordance to the regulations of use of each ski resort. You must consult the itineraries and the permitted runs for each ski resort before starting practice of the ski mountaineering.

**Remember that you are responsible for your own safety and of the correct use of your equipment.**

The permission to practice snow sports in the ski resorts depends exclusively on each operating company taking into account the provisions of the regulation of use by the ski stations in accordance to the Article 5 of the Regulation of the requirements to practice snow sports, other than, alpine skiing and cross-country skiing on the ski resorts (BOPA No. 153 of 12/23/2020).

The operating company can require that the ski mountaineer has a ski pass.

## SKI MOUNTAINEERING

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Specific rules and recommendations for ski mountaineering in the ski resorts

## SKI MOUNTAINEERING IN THE SKI AREAS

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More and more frequently, we find ski mountaineers in the ski areas of the ski resorts. While it is a wonderful and healthy sport, it can bring potential legal risks and conflicts if not practiced in a consciously prudent and orderly way.

Like any other user of the slopes, ski mountaineers are subject to the regulations for the use of ski resorts.

**This brochure is intended to publicize the rules that must be followed by all ski mountaineers in the ski areas.**

For this purpose, we specify the itineraries and slopes on ski resorts where it is possible to practice ski mountaineering safely, as well as set schedules according to the resort's open hours and beyond the set public hours.



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## PRACTICE OF SKI MOUNTAINEERING IN SKI AREAS

### DURING OPEN HOURS OF THE SKI STATIONS TO THE PUBLIC

#### *More than 20 specific ski mountaineering itinerary runs.*

- The practice of ski mountaineering in the ski resorts is only allowed on specific ski mountaineering itinerary runs and on the slopes authorized by the operating company.
- When ascending and the path is on or near marked slopes, the user must go up the side of the slope keeping an eye out at all times for the skiers skiing down. If the users are a group, they must go up in a single file.
- The users who ski down a ski slope will be subject to the rules of conduct established by the International Ski Federation (FIS rules).
- You should not cross the slopes in places with poor visibility (such as changes in grade or crossings of two slopes, among others). The slopes must be crossed at the points indicated by the ski resorts.
- You can verify this information at the station itself or by accessing its website.



### DURING CLOSED HOURS OF THE SKI STATIONS TO THE PUBLIC

#### *There are stations that provide itinerary runs specific to ski mountaineering at night.*

- After the ski lifts stop running, the slopes are closed. Furthermore, the snow grooming machines begin to prepare the slopes for the next day.
- You must also be attentive and prudent for possible preventive triggerings of avalanches 24 hours a day.
- It is very important that nighttime ski mountaineers are aware of the serious risk snow groomers represent for your safety and above all, the snow machine cables attached to them. There is danger of death!



**For these reasons, the stations have specified some slopes and specific hours to practice ski mountaineering at night in order to limit the risk of accidents.**

#### **From 5.30 p.m. to 10:00 p.m.**

Mountain skiing is allowed in some of the stations from 5.30 p.m. to 10:00 p.m. on the slopes indicated by the station. You must also be attentive to the snow groomers even if they are working without using a winch or troll, as they can have snow groomers preparing the slopes. We ask for maximum caution and respect.

Before departure, you must be informed about which slopes have been enabled for ski mountaineering at night. This information can be found at the station itself or by accessing its website.

#### **From 10:00 p.m. to 7:00 a.m.**

**It is forbidden** to practise ski mountaineering either uphill or downhill from 10:00 p.m. to 7:00 a.m. in all the skiable areas of the ski resort.



#### **From 7:00 a.m. to 9:00 a.m.**

Before the opening of the ski resort, from 07:00 a.m. to 9:00 a.m., ski mountaineering is allowed throughout its domain, **except on days when conditions require the activation of the PIDA.**

It is also necessary to be cautious, as there may be snow groomers or other machines or vehicles belonging to the station preparing the slopes.

**You must be informed regarding each of the ski resort's schedules and slopes that can be used and the restrictions in affect during the closed hours to the public**

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### SPECIFIC RULES OF CONDUCT FOR SKI MOUNTAINEERING AT NIGHT

- The ski mountaineer has to descend at a moderate speed and has to carry a headlamp that generates at least 30 watts (50 meters of light) and wear reflective accessories to see and to be seen.
- You must follow the itinerary runs set up in the ascent and descent.
- If the ski mountaineer descends on a ski slope, they must always go down the sides of the slopes to respect and not spoil the work of the snow groomers.
- You need to descend at a reduced speed, as there could be snow groomers or machines working and snowmobiles circulating.
- If there is a blinking light, this indicates that you have to pass behind, as there is a live cable hooked to the snow groomer.
- Consult the meteorology and avalanche risk indicators before departure.